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to inspire

## Would you like to attract love or improve a love relationship?

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To improve this area of your life, make sure that the lines of communication are open with your partner. Having a heart to heart talk is the quickest way to reawaken the romantic feelings that brought you together. The truth will set you free and bring you the love and joy you deserve. If it is hard for you to speak your truth, buy a blue kyanite crystal and wear it on you. This crystal will help you speak your truth with unconditional love from your heart.

If you're looking for a new relationship start listening to your heart and visualize, picture, and script out exactly who you picture yourself to be with. Be specific, write all the details down and put it in a red envelope in the right hand corner of your bedroom and let it go for manifestation. It will surprise you how powerful your thoughts and words are, but the key ingredient is that you have to believe and then let it go...

When addressing relationships and romance I would normally start with the Bagua Area for relationships that correlates with the structure of your home, but in this case I am going to start with your master bedroom. This area should have very yin energy (feminine energy). I once had a whole class of women that were having problems with their marriages and love relationships. We immediately went to their master bedrooms and I gave them all the treatments that I knew would bring back the love and romance with their husbands and love interests.

Your master bedroom should be a sensual place where your entire senses are celebrated. Your bed should be the center piece and be graced with bedding that consists of sensuous fabrics fit for a queen or king. The surrounding pictures in the room should be filled with romantic life. Make the art an absolutely wonderful view from your bed. Couples that share the same view from the bed share the same view in life. Make sure that the art above the bed is very pleasing. Because if you think about it, which is the last thing you see before you go to sleep. So make it something you would like to dream about. The master bedroom is the place for just you and your lover.

This is not the place for pictures of children and parents. If you have them in this area please move them. Your romantic life will improve if you do so. Also add romantic music and scented candles. Make it cozy. This is your sanctuary to feel completely secure and sheltered from the world. Make sure there are nightstands on both sides of the bed. They don't have to match, but be about the same size. On one side of the bed you can have a rectangular shape night stand (masculine energy) and on the other side of the bed a circular shape night stand (feminine energy).

If you are a person that visually needs equal balance, pick both nightstands to be the same shape. The shape does not matter as much as making sure you have two night stands. The two night stands symbolically represents that you are inviting another into your life. If you have to have a TV in the room make sure it is not in a commanding position. Not pulling your energy to always be watching TV, but in a position that allows you to make that choice of watching it or not. Therefore it will not be distracting you from what is more important to your wellbeing, like your relationship to yourself and your lover.

Make sure you do not have exercise equipment or a desk that you work at in this room. This is your area for rest and rejuvenation. And the last thing, make sure you don't have too many mirrors in the room. This will keep you awake when you need to sleep. I once had a client move into a home and complained that ever since she moved into her new home she wasn't able to sleep. I went into her bedroom and there was a huge mirrored double door closet that she was facing every night when she went to bed. She tried to go to sleep but couldn't. She loved the doors, so we decided that she would keep them and installed a noninvasive drapery rod across the length of the mirrored closet doors. The drapery elegantly flanked both sides of the closet during the day and during the night she draped the mirrors with the beautiful fabric. Well she immediately started sleeping again and started loving her new bedroom.

So see how sensual you can make your master bedroom and celebrate all your senses. Tonight make a cup of hot chocolate or drink something delicious in bed. How sweet is that...? Pleasant dreams.........Serafina